



Pool
Aquatic Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 - 7:00 am In Mo Bo H2O	6:00 - 7:00 am Aqua Pump Courtney	6:00 - 7:00 am Mix it up-Circuit Dick	6:00 - 7:00 am Aqua Pump Courtney	6:00 - 7:00 am Aqua Energy Dick/Patrice	
9:00 - 10:00 am H2O Dynamics Patrice	9:00 - 10:00 am H2O Dynamics Lora	9:00 - 10:00 am H2O Dynamics Judy	9:00 - 10:00 am H2O Dynamics Mari	9:00 - 10:00 am H2O Dynamics Morgan	9:00 - 10:00 am Weekend Aqua Splash
	10:00 - 11:00 am H2O In Motion Judy		10:00 - 11:00 am H2O In Motion Judy		
11:00 am - 12:30pm Quiet Adult Only Swim Time	11:00 am - 12:30pm Quiet Adult Only Swim Time	11:00 am - 12:30pm Quiet Adult Only Swim Time	11:00 am - 12:30pm Quiet Adult Only Swim Time	11:00 am - 12:30pm Quiet Adult Only Swim Time	
12:30 - 1:30 pm Aqua Energy Nancy	12:30 - 1:30 pm Butte College*	12:30 - 1:30 pm Ultimate H ₂ O Nancy	12:30 - 1:30 pm Butte College*	12:30 - 1:30 pm Ultimate H ₂ O Nancy	
5:30 - 6:30 pm H2O Power Hour Heidi	5:30 - 6:30 pm H2O Power Hour Mari	5:30 - 6:30 pm H2O Power Hour Heidi	5:30 - 6:30 pm H2O Power Hour Heidi		

Pool Hours:
Mon - Fri: 6:00am - 10:00pm
Sat - Sun: 6:30am - 10:00pm
* Lawns being mowed:
Tues & Fri: 12:00pm - 2:00pm

Splash Park Hours: Summer Only
Everyday (Mon-Sun): 12:30pm - 7:30pm

Family Swim Hours:
(Lifeguard on duty) Summer Only
Everyday (Mon - Sun): 12:30pm - 7:30pm

Lap Swimming:
Two lanes are always available to members (East lanes 7 & 8)

Competitive Lap Pool

6:00 am-10:00 pm Lap Swim	6:00 am-10:00 pm Lap Swim	6:00 am-10:00 pm Lap Swim	6:00 am-10:00 pm Lap Swim	6:00 am-10:00 pm Lap Swim	6:00 am-10:00 pm Lap Swim
6:00 am - 7:00 am Chico Masters Lanes 1 - 6	6:00 am - 7:00 am Chico Masters Lanes 1 - 6	6:00 am - 7:00 am Chico Masters Lanes 1 - 6	6:00 am - 7:00 am Chico Masters Lanes 1 - 6	6:00 am - 7:00 am Chico Masters Lanes 1 - 6	
6:00 am - 7:00 am Lap Swim Lanes 7 - 8	6:00 am - 7:00 am Lap Swim Lanes 7 - 8	6:00 am - 7:00 am Lap Swim Lanes 7 - 8	6:00 am - 7:00 am Lap Swim Lanes 7 - 8	6:00 am - 7:00 am Lap Swim Lanes 7 - 8	
7:00 am - Noon Lap Swim Lanes 1 - 8	7:00 am - Noon Lap Swim Lanes 1 - 8	7:00 am - Noon Lap Swim Lanes 1 - 8	7:00 am - Noon Lap Swim Lanes 1 - 8	7:00 am - Noon Lap Swim Lanes 1 - 8	
Noon - 1:00 pm Lap Swim Lanes 7 - 8	Noon - 1:00 pm Lap Swim Lanes 7 - 8	Noon - 1:00 pm Lap Swim Lanes 7 - 8	Noon - 1:00 pm Lap Swim Lanes 7 - 8	Noon - 1:00 pm Lap Swim Lanes 7 - 8	
Noon - 1:00 pm Chico Masters Lanes 1 - 6	Noon - 1:00 pm Chico Masters Lanes 1 - 6	Noon - 1:00 pm Chico Masters Lanes 1 - 6	Noon - 1:00 pm Chico Masters Lanes 1 - 6	Noon - 1:00 pm Chico Masters Lanes 1 - 6	
1:00 - 3:30 pm Lap Swim Lanes 1 - 8	1:00 - 3:30 pm Lap Swim Lanes 1 - 8	1:00 - 3:30 pm Lap Swim Lanes 1 - 8	1:00 - 3:30 pm Lap Swim Lanes 1 - 8	1:00 - 3:30 pm Lap Swim Lanes 1 - 8	
3:30 - 8:00 pm Lap Swim Lanes 7 & 8	3:30 - 8:00 pm Lap Swim Lanes 7 & 8	3:30 - 8:00 pm Lap Swim Lanes 7 & 8	3:30 - 8:00 pm Lap Swim Lanes 7 & 8	3:30 - 8:00 pm Lap Swim Lanes 7 & 8	
3:30 -7:00 pm AquaJets Lanes 1 - 6	3:30 -7:00 pm AquaJets Lanes 1 - 6	3:30 -7:00 pm AquaJets Lanes 1 - 6	3:30 -7:00 pm AquaJets Lanes 1 - 6	3:30 -7:00 pm AquaJets Lanes 1 - 6	
7:00 - 8:00 pm Chico Masters Lanes 1-4 only	7:00 - 8:00 pm Chico Masters Lanes 1-4 only	7:00 - 8:00 pm Chico Masters Lanes 1-4 only	7:00 - 8:00 pm Chico Masters Lanes 1-4 only		
8:00 - 10:00 pm Lap Swim Lanes 1 - 8	8:00 - 10:00 pm Lap Swim Lanes 1 - 8	8:00 - 10:00 pm Lap Swim Lanes 1 - 8	8:00 - 10:00 pm Lap Swim Lanes 1 - 8	8:00 - 10:00 pm Lap Swim Lanes 1 - 8	



Childcare:
Mon - Fri: 8:00am - 8:30pm
Sat - Sun: 9:00am - 6:00pm

Club Hours
Open Mon: 3:00am
Mon - Fri: Open 24 Hours
Close Fri: 12 Midnight
Sat - Sun: 4:30am - 12 Midnight

Other Special Programs

- North Valley Swim School Swim lessons for all ages
- Chico Masters
- Chico Aquajets (swim team)
- Adult Improvement Classes
- Stroke Analysis Training
- Aquatic Personal Training
- Birthday Parties for Kids!

Year round swim lessons being offered! Check NVSS brochure for dates or call 345-6707.